



**Thursday**  
**December 4, 2025**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored





# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

# STUDENT ID

**If you got an email regarding  
your student ID, please pick it up  
@ the office at lunch time or  
before or after school**



FREE 3D  
PRINTING!



# Holiday

## ARTS & CRAFTS SALE

*Creative Holiday themed crafts made by unified  
students across the district*

**December 11**

*From 9:45 am to 11:45 am  
in the grabd hall*

**We take cash and card**

*Heritage Woods Secondary  
1300 David Ave., Port  
Moody*

ALL PROFITS GO TO BC CHILDRENS  
HOSPITAL





# MATH LEAGUE Contest #3

This is a FREE Math Contest

Open to students of ALL GRADES

6 questions in 30 minutes!

**Tuesday Dec 9th**

After school in RM 232

# SKI & SNOWBOARD TEAM



**REMINDER:** Meeting today at lunch in room 316. All team members **MUST** be there.

**See Mr. Baldus if you have any questions.**

# International Student and ELL Field Trip

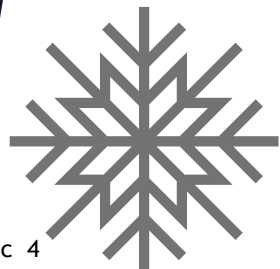
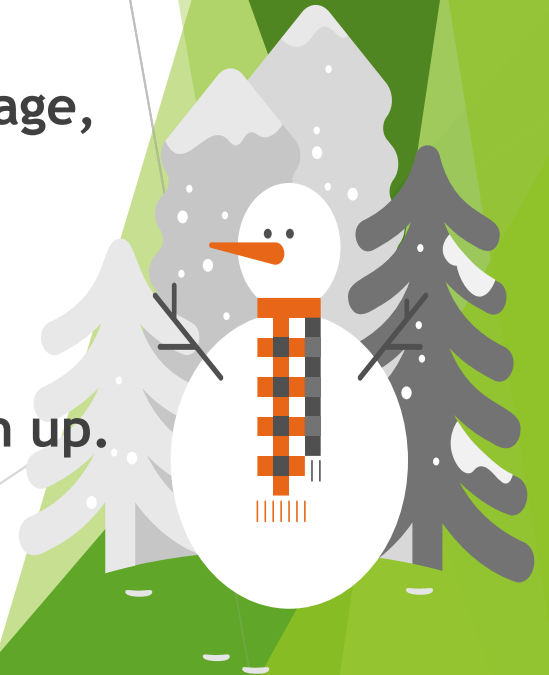


- ▶ Canyon Lights @ Capilano Suspension Bridge Park and Park Royal Mall
- ▶ Date: Thurs December 11, 2025
- ▶ Time: 2: 45 PM - 9 PM
- ▶ Cost: \$50 (for ticket, snack and hot beverage, transportation)

▶ **4 spots left !**

- ▶ See Ms. Lee or Ms. Mak in Room 245 to sign up.



**Deadline: 4<sup>th</sup> Dec**



# BUY YOUR YEARBOOK



## INFO

- Available on School Cash Online
  - We sold out last year, so don't miss out!
  - No extra copies will be ordered.
  - You must have all school fees paid in order to pick up your book.
- 
- 

\$60

Buy before  
December 19

Participate in the

# Food Drive Contest

You can donate.....



All students can donate non perishable items to there block 2 class!

Donations End  
December 15th

The block 2 class with the most donations gets a donut and fruit party!



# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



# December Spirit Week 1 Outfits!

Date	Outfit Style
Dec 1 <sup>st</sup>	Sports Day 
Dec 2 <sup>nd</sup>	Twin Day 
Dec 3 <sup>rd</sup>	Ugly Sweater 
Dec 4 <sup>th</sup>	Christmas Colors 

# Winter Spirit Giveaway



Get a free entry by wearing Christmas colours on Dec 4th! Come down to the grand hall at lunch to enter, play, and win even more!

Being run by

HWSS Leadership

December 7

# December Spirit Week 1 Events!

(During Lunch)

Date	Event	Place
Dec 1 <sup>st</sup>	Kodiak Mini-Game	Grand Hall
Dec 2 <sup>nd</sup>	Basketball Relay 	Gym
Dec 4 <sup>th</sup>	Winter Kickoff Draw	Grand Hall

# CHRISTMAS MOVIE NIGHT

FREE ENTRY! - Bring food donations!

GRADE 12 ONLY



FILL OUT THE FORM TO  
VOTE ON A MOVIE!

**At Heritage Woods**

7:00 - 9:00pm

**Thursday**

**December 11th**

Consession will be available!





# LUMIERE CANDLES

ANY LEFT OVER CANDLES, HALF EMPTY?

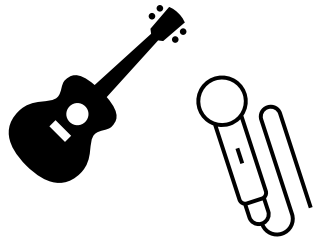
don't throw them out!  
we can take them off your hands!!

drop box in room 301.



follow our instagram and  
tiktok for more information





# OPEN-MIC DAYS



Every Wednesday  
During Lunch  
At the Grand hall

Can be singing, dancing,  
playing an instrument,  
and more

Come and show your  
skills by performing for  
everyone on open-mic  
days!



Scan QR code to sign up!

# KODIAK ATHLETICS

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**WANT TO JOIN THE ICE  
HOCKEY TEAM THIS  
YEAR?**

**MEETING ON DEC 10<sup>TH</sup>  
@ LUNCH  
ROOM 219**

**PLEASE SEE MR. FERRANTE OR MS.  
PAVAN IF YOU HAVE ANY QUESTIONS.**



# CAREER CENTER



**STEM Speaker Series**

**SAT, DECEMBER 6**

Online | Grade 8-12 | 1-2 PM PT



**STEM  
Speaker**

**Mischelle Remigio**  
Environmental Management Scientist  
Government of Canada

**STEM Career in Government  
(Contaminated Sites Management)**

**REGISTER NOW!**

[www.sciencealive.ca/  
stem-speaker-series](http://www.sciencealive.ca/stem-speaker-series)



Open to high school students across Canada

# COMMUNITY



# UBC Black Futures

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- The Black Futures program is a unique opportunity for Gr. 11 and 12 Black students from across Greater Vancouver to be introduced to post-secondary options and discussions about higher education.
- Last year’s program was hugely successful, and we anticipate that this year will be too. With a slogan of “if you can see it, you can be it”, it allows students to envision their academic future. **Students DO NOT need to be planning on attending UBC to be a part of this program.**
- The program consists of four in-person meetings at UBC. High school students will meet with UBC students, as well as a variety of faculty and other professionals. There is no cost for students to attend. Transportation to and from UBC will be provided and students will be chaperoned by SD43 teachers.
- If you are interested, please see Ms. Butler by **December 18<sup>th</sup>**, to add your name to the list—there are only 10 spots available, so don’t wait!



# Volunteers Needed @ Community Dinners

**Who?** Students needing volunteer hours/ Students interested in culinary or hospitality industry

**What?** Help with Community Dinner (some prep, serve, set up and take down)

**When?** 4-7:30 PM, 3<sup>rd</sup> Wednesday every month  
(next dinners are 19<sup>th</sup> Nov and 17 Dec)

**Where?** St. Stephen's Church (near Loughheed Mall & Cameron Rec. Centre )

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the yummy community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: [tmlum@hotmail.com](mailto:tmlum@hotmail.com)

